

## YMCA of CENTRAL NEW MEXICO 2023 SUMMER CAMP PROGRAM GUIDE

YMCA Day Camps give your camper an experience that will last a lifetime. Day campers are able to explore creativity, teamwork and leadership in a wide range of adventurous programs that lead to lifelong healthy living. Day camp builds self-confidence, self-esteem and develops values of good character, all while having a ton of fun and making new friends!

Parents are every Y's partner in making day camp an outstanding developmental experience for their kids. In order for our campers to get the most out of day camp, we need your help. Knowing that no two campers are exactly alike, we ask that you help us get to know your camper. We encourage you to share with us your ideas, thoughts and any concerns that may help us create an environment that is best suited for your camper.

Today, Y Day Camp is more vital than ever. With an increased emphasis on camper safety, personal values and social skills, we want the very best for your child. At the Y, we are committed to the development and well-being of your campers.

**GOALS AND OUTCOMES:** It is our belief that each camper is a unique individual with his or her own rate of development. Our goal is to introduce the campers to as many positive experiences as possible. It is our hope that the experiences we provide will foster creativity and individuality in each camper, and encourage an awareness of themselves and others.

### **The YMCA of Central New Mexico has established the following goals for all campers:**

- To grow personally and gain a greater sense of his or her own worth.
- To be inspired to live by the four YMCA character values: caring, honesty, respect and responsibility.
- To experience improved personal relationships.
- To learn and appreciate diversity.
- To become better leaders.
- To have fun!

**CAMP HOURS OF OPERATION:** Camp Program Hours: 7:00 AM – 6:00 PM

### **Albuquerque Locations**

Horn Family YMCA**	May 30 <sup>th</sup> – August 11 <sup>th</sup>	4901 Indian School Rd. NE, 87110
St. Paul's Methodist Church	May 30 <sup>th</sup> – August 11 <sup>th</sup>	9500 Constitution Ave. NE, 87112
Sunset View Elementary**	May 30 <sup>th</sup> – August 4 <sup>th</sup>	6121 Paradise Blvd. NW, 87114
Montezuma Elementary**	May 30 <sup>th</sup> – August 4 <sup>th</sup>	3100 Indian School Rd. NE, 87110

All Camp sites will be closed May 29<sup>th</sup> (Memorial Day) & July 4<sup>th</sup> (Independence Day)

### **Santa Fe Locations:**

Pinon Elementary **	May 31 <sup>st</sup> – August 4 <sup>th</sup>	2921 Camino Los Caballos, Santa Fe NM 87507
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## SUMMER CAMP PRICING:

### ALBUQUERQUE, NM

- \$25.00 Registration Fee
- \$10.00 Deposit Per Each Week of Attendance
- \$135.00 / Week\* (\$10.00 Deposit Will Be Applied Each Week)
- Second Child Discount: \$5.00 / Week
- Financial Assistance is Available through the YMCA of Central New Mexico

*\*Must have an active single parent / family membership to receive membership rates. Call for Non-Member Rates*

*\*\*Co-pays from ECECD Contracts are subject to be applied depending on your contract*

### SANTA FE, NM

- \$25.00 Registration Fee
- \$10.00 Deposit Per Each Week of Attendance
- \$150.00 / Week\* (\$10.00 Deposit Will Be Applied Each Week)
- Second Child Discount: \$5.00 / Week
- Financial Assistance is Available through the YMCA of Central New Mexico

*\*\*Co-pays from ECECD Contracts are subject to be applied depending on your contract*

## AGES:

### Albuquerque, NM

St. Paul's Methodist Church	Kindergarten - 5 <sup>th</sup> Grade
Horn Family YMCA	1 <sup>st</sup> - 5 <sup>th</sup> Grade
Sunset View Elementary School	1 <sup>st</sup> - 5 <sup>th</sup> Grade
Montezuma Elementary School	1 <sup>st</sup> - 5 <sup>th</sup> Grade

### Santa Fe, NM

Pinon Elementary School	Kindergarten - 5 <sup>th</sup> Grade
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## END OF REGISTRATION

Registration ends when camp reaches maximum capacity. Every camp has a limited number of spaces available. Once we have reached that limit registration will end. Early registration is advised, as camps will fill quickly.

## WHAT YOU NEED TO REGISTER

- \$10 deposit for each week your child will attend.
- \$25 Registration Fee per child (helps cover the cost of Camp T-shirt & Water Bottle) If you reserved your spot online you would have paid this fee already.
- Membership fee (if your family is currently not members)
- Current copy of your child's shot records.
- Completely fill out your child's online registration form and enrollment agreement via ePACT
- If you are planning on using ECECD assistance, you MUST have a copy of your contract to the proper director before the registration process can start. Otherwise you must self pay until the contract is received and processed.

## **WHAT HAPPENS ON THE FIRST DAY OF CAMP**

Sometimes it is just as difficult for a parent to face the separation from a young child on the first day as it is for the child. Regardless of the personality of your child, or how eager she/he may seem, there will be a moment when she/he realizes you are not going to stay. The emotions that accompany this realization are normal.

If possible, the first day you may want to spend a few minutes looking around the environment together. Gradually, focus your attention on another adult in the room. When your child senses that she/he is not being closely watched, she/he will usually start to relax. It is also helpful to bring your child with you to pre-visit the "Y" so the child can see the environment and meet the counselors.

If you show your child that you are comfortable with the program and the counselors, your child will also feel comfortable. It is important that you say "good-bye" to your child (never sneak away) and then leave immediately. Feel free to call and check on how your child is doing.

## **WHAT SHOULD MY CHILD BRING TO CAMP?**

Each child will need the following:

- Morning snack, Lunch & Afternoon snack
- Dressed in comfortable clothing and shoes (flip flops & sandals are not allowed at camp)
- A water bottle
- Sunscreen (The sunscreen will stay at camp for daily use)

Please be sure to write your child's name on all of the above items.

## **WHAT NOT TO BRING TO CAMP**

The YMCA is designed to be a retreat from technology and amenities to discover self-potential, group dynamics and friendships. The following items are not permitted within the YMCA program: personal phones, toys and electronics to camp. YMCA program encourages children to be more active and to be social, within physical distancing guidelines.

## **MEALS**

The YMCA applies for the city's free breakfast/lunch program every year, but there is no guarantee from year to year that our sites will be accepted as a meal site. In the past we have been part of the program and hope to continue to do so again this year. In the event that we are not accepted you will have to provide your child's lunch and afternoon snack on a daily basis.

## **FIRST WEEK & LAST WEEK OF CAMP**

The City's lunch program does not run during these weeks, so please plan to send your child with a non-perishable sack lunch and an afternoon snack.

## **ALL OTHER WEEKS**

Provided that the YMCA has been selected as a meal site for the city's free breakfast and lunch program, your child will be provided with breakfast and lunch. It is recommended that you send your child to camp with an afternoon snack.

## SPECIAL DIETS

In the event that your child requires a special diet, you may be asked to provide lunch for your child every day. Please speak with the director to come up with a solution that best fits your child's needs.

## CURRICULUM

Our holistic, project-based learning curriculum is based on developing the **WHOLE** child by cultivating a child's/youth's physical, social-emotional, moral, and cognitive development. Through a project-based learning pedagogy our children/youth are able to learn by actively engaging or exploring in real-world problems and challenges through hands-on projects. The benefits of using project-based learning are that children/youth are able to develop a deeper understanding of the topic and have the opportunity to display creativity, critical thinking and communication skills during their presentation.

Our Summer Day Camp is based on weekly themes and includes arts & humanities, health, wellness & fitness, literacy, STEAM, character development, service-learning and social competence & conflict resolution.

### Albuquerque, NM

Week	Date	Theme	Field Trip
Week 1	May 30 <sup>st</sup> – June 2 <sup>nd</sup>	All About Me!	No Fieldtrip
Week 2	June 5 <sup>th</sup> – June 9 <sup>th</sup>	Camp Hogwarts	Nuclear Museum
Week 3	June 12 <sup>th</sup> – June 16 <sup>th</sup>	Van Gogh Week	Albuquerque Museum
Week 4	June 19 <sup>th</sup> – June 23 <sup>rd</sup>	Spirit Week	Field Day at Tiguex
Week 5	June 26 <sup>th</sup> – June 30 <sup>th</sup>	Lost in Space	Natural History Museum
Week 6	July 3 <sup>rd</sup> – July 7 <sup>th*</sup>	America the Beautiful	Field Day @ Tiguex / Potluck
Week 7	July 10 <sup>th</sup> – July 14 <sup>th</sup>	Into the Jungle	ABQ Zoo
Week 8	July 17 <sup>th</sup> – July 21 <sup>st</sup>	Mad Scientist	Explora
Week 9	July 24 <sup>th</sup> – July 28 <sup>th</sup>	Around the World in 80 Days (Kinda.....)	Balloon Museum
Week 10	July 31 <sup>st</sup> – August 4 <sup>th</sup>	New Mexico Adventures	Nature Center
Week 11	August 7 <sup>th</sup> – August 11 <sup>th</sup>	Camp Farewell	No Fieldtrip
*Programs will be closed in Observance of 4 <sup>th</sup> of July **Fieldtrips are subject to change due to availability and capacity limits**			

### Santa Fe, NM

Week	Date	Theme	Field Trip
Week 1	May 30 <sup>st</sup> – June 2 <sup>nd</sup>	All About Me!	No Fieldtrip
Week 2	June 5 <sup>th</sup> – June 9 <sup>th</sup>	Camp Hogwarts	Swimming at GCCC & Picnic
Week 3	June 12 <sup>th</sup> – June 16 <sup>th</sup>	Van Gogh Week	Children's Museum
Week 4	June 19 <sup>th</sup> – June 23 <sup>rd</sup>	Spirit Week	Swimming at GCCC & Field Day
Week 5	June 26 <sup>th</sup> – June 30 <sup>th</sup>	Lost in Space	SFCC Planetarium
Week 6	July 3 <sup>rd</sup> – July 7 <sup>th*</sup>	America the Beautiful	TBD
Week 7	July 10 <sup>th</sup> – July 14 <sup>th</sup>	Into the Jungle	ABQ Zoo
Week 8	July 17 <sup>th</sup> – July 21 <sup>st</sup>	Mad Scientist	Explora
Week 9	July 24 <sup>th</sup> – July 28 <sup>th</sup>	Around the World in 80 Days (Kinda.....)	Folk Art Museum
Week 10	July 31 <sup>st</sup> – August 4 <sup>th</sup>	New Mexico Adventures	TBD
*Programs will be closed in Observance of 4 <sup>th</sup> of July **Fieldtrips are subject to change due to availability and capacity limits**			

## **RESPONSIBILITY FOR PERSONAL BELONGINGS/LOST & FOUND**

The YMCA is not responsible for lost, stolen or damaged personal items that children, parents, guardians or authorized representatives may bring to the YMCA program site, including on designated theme or share days. All personal items brought to the YMCA program site, by the child, parent, guardian and authorized representative are brought to the YMCA program site at their own risk.

## **FIELD TRIPS**

Field trips provide children the opportunities for new experiences. The YMCA follows these procedures when taking the children off site:

- The YMCA will notify parents or guardians of the details of the field trip including the location, activities, date, time of day and duration, and any special provisions needed (e.g., swimming suit, sunscreen, etc.).
- Parents must sign the provided permission slip in order for their child to attend.
- Staff and parents discuss the field trip and expected behavior with children prior to trip.
- Attendance is taken prior to departure, on the bus, and immediately upon arrival at the field trip site.
- Staff is trained in specific field trip policies and procedures.

## **SWIMMING / WATER DAYS**

Swimming will be every other week due to the City of Albuquerque Swimming Pools limiting the capacity of swimming groups. Supplementing the week's that campers do not attend swimming, water day's will be in place. If your child cannot swim on their own, please provide your own floaties as these will not be provided. Swimming tests will be administered weekly for those who wish to swim in the deep end of the pool past the 4 foot depth.

## **TOILET TRAINING**

Children/youth must be fully toilet trained to participate in the YMCA program (pull-ups are not allowed). All children/youth must be able to use the restroom unassisted. Parents, guardians or authorized representatives may supply extra clothes with the understanding that a child may have an occasional accident due to illness or change in schedule (especially kindergarteners).

## **MEDICATION**

If a child needs medication while attending the program, parents must notify the Site Director. Parents will be expected to fill out the *Request for Administration of Medication Form* with directions as prescribed by a doctor. Medications must be brought in the original container with physician's instructions. We will administer meds accordingly. YMCA staff will verify frequency of administration on our Permission to Administer Medication Form and the frequency logged into our master medication list. Meds will be kept in the controlled possession of Y staff or stored in a locked facility.

- Medication must go home for the weekend and brought back each Monday. A new form will need to be filled out weekly.
- We do not provide or distribute over the counter medication.
- We do not give children shots for any reason.
- Children are not allowed to administer their own medication.

## **BATHROOM PROCEDURES**

No camper is ever alone or one-on-one with a staff member. All campers will take trips to the bathroom with the entire camp and/or camp groups of at least three campers escorted by camp staff. Campers will only use bathrooms inspected for safety by camp staff.

## **HAND WASHING**

We will teach and reinforce washing hands and covering coughs and sneezes among children and staff. Campers and staff will wash or sanitize their hands:

- When they arrive at the facility and before they leave the facility
- Before and after handling food or eating
- Before and after using the restroom
- After wiping their nose or mouth
- After playing in common use areas such as fields
- After handling or picking up garbage
- Everyone will wash with soap and water for 20 seconds. We will also use hand sanitizer that is 60%+ alcohol when hand washing is not available

## **ABOUT OUR STAFF**

We model the YMCA character development values of caring, honesty, respect and responsibility. We program friendship, achievement and belonging into every activity in camp. Most importantly, we are made up of people who love working with kids. We are creative people with good hearts who are silly enough to sing **"The Y Song"** at the top of our lungs!

Prior to hiring, all members of our staff are fingerprinted, and personal references are checked. All staff receives FIRST AID and CPR training, blood borne pathogens, child abuse prevention training, adhere to strict code of conduct and complete 16 hours of Day Camp Training. All staff is 18 years of age.

Staff is prohibited from socializing or associating with program participants under the age of 18 outside of the YMCA. This includes babysitting, birthday parties, etc. Contact via social media is also strictly prohibited.

If staff will be **driving a YMCA van** to transport children they must also complete the following:

- Must be 21 years of age
- Must have a clean driving record
- Must be approved by our insurance carrier
- Must take an 8 hour defensive driving course

## **REQUIREMENTS FOR SUPERVISION OF CHILDREN**

YMCA staff members hold each child's/youth's primary safety and well-being at heart. YMCA staff members have been selected based on their educational background, experience and commitment to working with children. Criminal background and child protective services checks are done for all YMCA staff members. Continual training is provided throughout the duration of employment including, but not limited to; Child Abuse Prevention, Positive Discipline, Curriculum, Safety and training specific to operating a children's program during the pandemic.

## **CHILD ABUSE AND NEGLECT**

The YMCA is mandated by state law to report all suspected cases of child abuse, neglect, or endangerment to appropriate authorities for investigation.

## **CONFIDENTIALITY**

All YMCA staff must sign and adhere to a *Confidentiality Statement* that clearly prohibits the releasing or disclosing of confidential information regarding children, families and staff. Disclosure, provision, and / or reproduction of children's files to unauthorized persons is against YMCA policy.

## **PARENT HANDBOOK**

It is imperative that you take the time to read through the *YMCA's Parent Handbook* with your child. It will serve as a guide for both you and your child this summer. Please download a copy from our website. You may also request a copy from any front desk member at any of our branches.

## **YMCA OF CENTRAL NEW MEXICO CAMPER BEHAVIOR EXPECTATIONS**

At YMCA Camp, we want every camper to have the best experience possible; full of fun, learning and growth. To ensure that we maintain a safe environment and each camper is free to experience camp life to its fullest, we will not tolerate any behavior that takes that opportunity away from other campers. We will be addressing all incidents such as bullying and irresponsible behavior seriously, and will train staff to recognize and deal effectively with such behavior. Understanding that camp is for ALL campers, any behavior deemed by the camp to be outside of the camper behavior expectations and/or unmanageable may result in any or all of the following:

- A telephone call home to the parent/guardian to discuss the behavior.
- Meeting with the Camp Leader, Camp Director or Executive Director to discuss the behavior.
- Use of behavior reports.
- Being separated from the camp program.

## **AS A CAMPER I WILL:**

1. Show respect to other campers and treat them as well as I would like to be treated and try to be a friend to all.
2. Have **FUN**, but not at the expense of others.
3. Show respect to camp staff and cooperate fully with their instructions.
4. Respect the rights of others and treat others with courtesy and consideration.
5. Communicate in an appropriate manner, which means I must not use foul language or gestures, harsh words or tone of voice.
6. Conduct myself responsibly. I understand that unwelcome teasing or other unkind behaviors are not allowed.
7. Refrain from deliberately causing bodily harm to other campers or staff. I understand that pushing, kicking hitting or fighting are not acceptable and not tolerated.
8. Respect the property of others and camp, which includes no stealing, property damage, graffiti or vandalism.
9. Remain with the group and within the boundaries that have been set.
10. Remember that physical displays of affection or of a romantic nature are not allowed under any circumstances.
11. Be fully responsible for my actions and understand that irresponsible behavior will result in disciplinary action or dismissal from camp.
12. Know and follow the rules of camp.
13. Have lots of FUN, learn, grow and have a GREAT time!

## SUMMARY

YMCA camp staff uses a positive, teaching form of guidance. Staff continually remind campers of program guidelines. Campers are redirected to other activities when behavior contradicts the above guidelines. Parents are always kept informed of their camper's progress. When the above steps are ineffective in redirecting a camper's behavior, more serious action may be taken. If a camper receives a behavior report, the first time a parent/guardian needs to be called, the camper may be sent home for the day. If the camper is still having difficulties in the program, and we are not able to meet the camper's needs, the camper may be removed from the program.

We thank you for your time and attention to this important information. For any questions, suggestions or concerns, please reach out to the Day Camp Director.

### **Ty McNary (Albuquerque Location)**

Director of School-Aged Childcare  
Assistant Director of Marketing  
505-595-1515 extension 3106  
[tmcnary@ymcacnm.org](mailto:tmcnary@ymcacnm.org)

### **Felicia Pacheco (Santa Fe Location)**

Director of School-Aged Childcare  
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