

Welcome to YMCA Camp Shaver

The Experience of a Life Time

Thank you for registering you child for camp, we are very excited for this summer. The following information is important for preparing yourself and your child for a stay of camp. Please read through the next few pages, complete the required forms and bring them with you when you drop off your child. Please do not mail or fax these forms, though you may email them to the camp director. Please contact the YMCA of Central New Mexico if questions arise concerning registration, fees, and financial aid.

Contacts

YMCA of Central New Mexico

4901 Indian school Rd NE
Albuquerque, NM 87110
(505)595-1515

Phil Beam

Camp Director
PBeam@ymcacnm.org

Camp Shaver

22900 NM-4
Jemez Springs, NM 87025
(575)829-3572
(Operations April-October)

Conner Griswold

Assistant Director
(505)470-3693
cgriswold@ymcacnm.org

The following are included in this packet:

1. Information and Instructions/What To Bring To Camp (Pages 2 – 6)
2. Health History & Physical Exam Form (completed by licensed physician) (Form A)
3. Parent Confidential Information (Form B)
4. Permission to Administer Medication Form. (Form C)

Please do not Mail or Fax these forms. Bring them with you when you drop off your child

Camp Registration and Payments:

1. Registration: A \$100.00 NON-REFUNDABLE deposit is required for each session to reserve your child's spot. The deposit will be applied towards the total camp fee.
2. Payment of Balance: The balance of the total camp fee should be paid the Friday before Camp Begins. You can call 595-1515 Option 1. The balance can also be paid in advance if desired. If your Deposit was paid online with a card, that card will be automatically charged for the balance due the night before check in unless you give specific instructions not to.
3. Camp Fees: YMCA Camp Shaver has a 3-tiered pricing structure. Realizing that families have differing abilities to pay for a camp experience, we have instituted a voluntary 3-tier pricing program. Please take a moment to look at the rate descriptions and determine which one your family is able and willing to pay for your child's camp experience. This is strictly an honor system: select the fees that are right for your family. This program is voluntary and in no way influences the experience children receive.
 - \$650- This fee is based on the actual cost to operate camp programs including wear and tear and depreciation.
 - \$600-This fee is partially subsidized for those families who cannot afford the actual cost of camp.
 - \$550- This is our traditionally subsidized rate and does not reflect the true cost of operating camp programs.

If you plan to have your child remain at camp between two consecutive sessions, there will be an additional fee of \$55.00 stay-over fee (per each interim period.) Since the LIT session is a three-week session, they do not need to pay the stay-over fee for the weekends during the LIT session, though they will be asked to pay the fee if they stay-over the weekend between separate LIT sessions. There is a 10% discount for a second child and a 20% discount for a third child. These discounts must be requested and only apply to siblings living in the same household. Please come into the branch for these discounts. This discount cannot be stacked with any other discount or financial aid.

Big Fun Week

– Session 5 is a two-week session lasting July 5th - July 17th. The Flexible pricing is A – \$1,200 B – \$1,100 C – \$1,000. Please plan accordingly with packing and supplies. (Campers do not go home over the in-session weekend.) Session 5 will be a slower paced session with more time given to learn new skills and make friends, as well as an extended campout. We will be continuing traditions during this session that we started in past years. Session 5 will end on Friday, July 17th at 6:30pm all parents are invited to a cookout at 5:00pm the evening of the 17th at no cost and will be followed by our closing ceremony.

Transportation:

We encourage all parents and guardians to bring their children to camp and use this opportunity to meet the staff and acquaint themselves with Camp Shaver's surroundings. Camp Shaver does not provide transportation to or from camp. If you have a problem getting your child to or from camp please call the camp office and we will try to help get you in contact with another parent in your area that may be willing to carpool.

*CAMPERS NOT PICKED UP BY 12:30 P.M. ON CLOSING DAY WILL HAVE A CHARGE OF \$30.00 APPLIED TO_ THEIR ACCOUNT.

Where is Camp Shaver?

From I-25 take Exit 242 at Bernalillo and head West on RT 550 for 24 miles. At San Ysidro, head North on Hwy 4. Camp Shaver is located 4 miles north of Jemez Springs on Hwy 4. The camp is at the same turn off as the USFS Battleship Rock Picnic Area (just before mile-marker 23). Take a right into Battleship Rock Picnic Area, another right onto Camp Shaver Lane and you will drive right into Camp. Please refer to the camp brochure for more specific information about getting to camp. Please note that the gate will be closed and no cars will be admitted to the grounds until 12:00 P.M. on Sunday and 9:00 A.M. on Saturday.

Arrival Times:

All regular camp sessions begin on Sunday. Campers should arrive on Sunday between 12:00 – 3:30pm. Camp Shaver does not open the gate prior to 12:00 p.m. as counselors are busy preparing for the new session. When you drive into camp personnel will direct you to a parking space. Campers must be at camp by 3:30 PM so they can attend the orientation and camp tour, please call if you will be arriving later than 3:30. The first camp meal will be on Sunday evening at 5:30 p.m., however we will have a fundraising grill open at 12:00 on Sunday where we sell hamburgers, hot dogs, soda and chips. Come have lunch and support our staff. All proceeds go towards staff appreciation.

Registration check-in

After you have parked, inside the Dining Hall is where you'll check in, visit with the nurse and open a camp store account. Counselors and CITs will be available to assist you in moving into the cabins and getting settled. The Health Care Manager will also be there to receive any medication(s), vitamins, herbal and homeopathic remedies brought to camp and to receive any other medical instructions for those campers requiring special medical attention. It is very important that you bring food allergies to the attention of the nurse and on form A.

Departure Times:

On closing day, campers will be packed and ready to leave by 10:00 AM. At 10:15 we will have a short closing program in the dining hall where we will introduce the staff, recognize camper of the week for each cabin, Cabin of the week followed by a short slide show of the week (program should last approximately 30 minutes). Please be aware that the camp gate will remain locked until 9:00 a.m. If there are extenuating circumstances requiring an early pick-up, it must be approved by and arranged with the Camp Director no later than the day of check-in. Campers must be picked up no later than 12:30 pm. Late pick-ups will be charged an additional \$30.00

Cabin Assignments:

All Cabin assignments are based on age. Campers are assigned to a cabin of up to twelve campers. A Senior Counselor and a Junior Counselor are assigned to each cabin as well. Requests for friends (must be within 1 year of age) to be placed in the same cabin will be strongly considered, though there is no guarantee. All cabin assignments are made in advance, so be sure to fill out the cabin-mate request line on the registration form if your child would like to request a bunkmate. Cabins are typically separated by ages 7-9, 10-12, & 13-14, year old.

Visitors to Camp:

There are no scheduled visiting days during the entire camping period. This is done in order to minimize the potential problems of homesickness, which can affect campers of all ages. The time will go by rapidly for the busy camper, thus it is requested that there be no visiting or phone calls. It is suggested that parents or guardians spend time with their campers on opening day, walk around camp, meet the staff and then leave the camper cheerfully, not tearfully. If a visit to camp is necessary due to an emergency, please make arrangements with the camp director in advance by calling camp shaver directly at (575)829-3572. Parents, guardians and relatives should not call the camp directly for any reason other than an emergency. Campers may only use the telephone with the permission of the executive director. If parents or guardians require any assistance or information while their child is at camp please call camp shaver at (575)829-3572 or the YMCA at (505)595-1515.

Homesickness:

Some children do experience homesickness. This is a normal part of growing up, particularly if your child is leaving home for the first time. Please, do not tell your child, "If you get homesick, I will come and get you". Camp Shaver is known for its friendly atmosphere and fair handling of campers. This is one reason why so many campers return year after year. Homesickness is often overcome quickly as the camper becomes more involved in the excitement of the camp's activities and the making of new friends. Be encouraging and positive to your child and tell them you will be proud of their achievement with their stay at Camp Shaver. If you have any concerns about your child's ability to stay the whole week please talk to the director when you drop your child off.

Letters and Packages:

Throughout the week and during "rest periods," campers are encouraged to write home. It would be helpful to provide your camper with writing paper, pens and pencils, and self-addressed, stamped envelopes. Stamps and stationary supplies are available for purchase at the Camp Store.

Any letters and packages sent to the campers must be sent to the actual camp address:

(CAMPER'S NAME)
c/o YMCA CAMP SHAVER
22900 HIGHWAY 4
JEMEZ SPRINGS, NM 87025

Character Counts, and Behaving Appropriately:

YMCA Camp Shaver believes Character Counts! A community of character is the foundation to a safe, healthy and caring environment. Character Counts defines a person of character as one who is trustworthy, treats people with respect, responsible, fair, caring, and a good citizen. We feel strongly about character development at Camp Shaver. All campers are expected to behave and model all the Pillars of Character Counts!

If a camper's behavior is harmful to themselves, to others at camp, or is disruptive to the camp program, the Camp Director RESERVES THE RIGHT TO DISMISS THAT CAMPER. Parents or guardians will be responsible for immediately picking the child up from camp. No refunds will be given for dismissal from camp due to behavioral problems or neglect of camp rules and regulations!!!

Insurance:

All campers are covered by Accident Insurance.

Financial Aid:

Financial Aid is available to those families that qualify. Families may receive up to a 50% reduction in the camp fee. Stay-over fees are not covered by financial aid. Financial aid will be given for up to two regular or one LIT session for a single child family. Families with more than one child interested in attending camp may receive one session of financial aid per child. To be considered for financial aid, all applications must be received no later than two weeks before the camp session requested. All applicants receiving financial aid must pay the \$100 deposit in full to reserve their session at Camp Shaver. All applications will be reviewed and approved by the Executive Director. Please be sure to provide all of the requested information to expedite your application. For more information on financial aid please contact the Corporate YMCA or Camp Shaver.

Refunds/Cancellations:

Refunds for the Camper Fee will be granted to individuals only if a cancellation is made 2 weeks before the camper's scheduled arrival. The deposit is non-refundable. Camp Shaver reserves the right to cancel a camp session(s) as it sees fit. We will make every effort to give parents as much notice as possible. We will reschedule your child's session for a different date or provide a complete refund of charges if we make a cancellation of a session. Reasons for cancellation include, but are not limited to, environmental concerns, climate concerns, low enrollment, etc.

WHAT TO BRING TO CAMP

This is a suggested list of items to bring to camp for a week's stay. Adjustments may be made depending on the individual camper and length of stay. Please use your own best judgment. Your camper may want to bring this list to camp and use it to double check items when packing again to return home.

We strongly suggest that parents or guardians send old clothes to camp with your camper. Valuables should be left at home (money, expensive watches, jewelry, radios, phones etc.). Although every effort is made to insure the safety of all belongings, are not responsible for lost, stolen or damaged items. Please mark each item with the camper's name or a special symbol!

Do not allow your camper to bring the following items: Food, candy, or flavored beverages (these will all be provided through meals and the camp store), knives, matches, fireworks, valuables of any kind, video games, radio/iPod, cell phones, or any other electrical appliances. These items will be confiscated if found and will not be returned to the camper until the end of the session. Any money brought to camp will be collected by the camp director and applied to the camp store account. No personal firearms including bows, bb/pellet guns, rifles, handguns, etc. any child found in possession of such items will be removed from camp programs and sent home. All items brought to camp will go home dirty, tie dyed, ripped or all of the above. Please send older clothes.

Fishing: All campers twelve years of age and older who are planning to fish must have a valid state fishing license and trout stamp.

Camp Store:

The Camp Store offers a wide variety of camp incidentals and is a great place for snacks and socializing. We feel that camp store is a very important unstructured period where kids may socialize outside their own cabin mates. We play lots of games, have dance parties and extensive chit chat during this period. It is suggested that campers and parents open a Camp Store account upon arrival at camp. An additional \$25.00 - \$35.00 for the Camp Store is recommended. Campers may not keep their own money while at camp. If campers are found with money they will be asked to deposit it in the Camp Store or leave it with the Camp Director for safekeeping. The camp store will also be open closing day. Campers will receive a refund for money not spent at the Camp Store. We will make every effort to provide refunds on closing day, if we are unable to issue a refund please allow 2-3 weeks for processing. Store accounts can be kept active the whole summer so you do not have to close it after each session and any remaining balance may be rolled over to the next session but not to the next year.

Packing List

- Toiletries
 - 2 to three old towels
 - Wash Cloth
 - Soap/Shampoo
 - Toothbrush/Paste
 - Comb/Brush
 - Sunscreen/Lip Balm
 - Deodorant (scent free recommended)
 -
- Clothing
 - Hiking Shoes
 - Tennis Shoes
 - Old Shoes for water
 - 2 Pants
 - Three Shorts
 - 2 Long sleeves
 - 6 T-shirts
 - 1 Sweatshirt
 - 1 Light Jacket
 - 7 Underwear
- 7 Socks
- 1 Pajamas
- 1 Swim Suit
- Sleeping
 - Compactable Sleeping bag
 - Pillow
 - Sheets/blanket for single bed (sleeping bag is adequate)
 - Laundry Bag
- Misc
 - Flashlight
 - canteen/water bottle
 - pen/writing paper stamped envelopes
 - insect repellent
 - backpack (for hiking, sting bag not adequate)
 - fishing gear (optional)
 - reading material
 - facial tissue
 - rain gear (jacket/poncho)

Parent Confidential Information (Form B): The information you provide on this form will help us better understand and help your child during their stay at camp. Please make sure you list separate emergency contacts and phone numbers on this form. This form is useful for expressing concerns/information the Camp Staff should be aware of. At the beginning of each session your child's counselor will have access to this forum which benefits creating proper programs for the week.

Health History Form & Physical Exam (Form A): This form provides the Camp staff with a general health history of the camper and is to be completed by the camper's parent or guardian. please be sure to provide the information requested about your insurance. the back of the health history form is for a physician to fill out. All campers must have a medical examination by a licensed physician to attend camp. a copy of a previously signed physicians release form will be accepted only if the time between the exam and the child's scheduled stay at camp does not exceed twelve months.

Permission to Administer Medication (Form C): This form must be signed and filled out in order for our staff to administer non-prescription and prescription medication throughout the week if needed. Our staff and health care professional can only administer medicine if we have been given permission to do so by the parent/ guardian. Staff cannot administer medicine that is not in its original container. We will not administer any medications, vitamins, homeopathic and herbal remedies, etc., without the proper documentation and original container (i.e medicine lose in a zip lock bag

Please do not mail or fax any forms. Please bring all forms with you to camp when you drop off your child/children.

Health History & Examination Form for Children Attending Camp Shaver

Name _____ Birthdate _____ Sex _____ Age _____
Last First Initial

Parent or Guardian _____

Home Address _____ Phone _____
Street & Number/City/State/Zip Area/Number

Business _____ Phone _____
Street & Number/City/State/Zip Area/Number

Health History <i>(Check/Give approximate dates.)</i>	Diseases <i>(Check/Give approximate dates.)</i>	Allergies <i>(Dates not needed.)</i>
_____ Frequent Ear Infections	_____ Chicken Pox	_____ Hay Fever
_____ Heart Defect/Disease	_____ Measles	_____ Ivy Poisoning, etc.
_____ Convulsions/Epilepsy	_____ German Measles	_____ Insect Stings
_____ Diabetes	_____ Mumps	_____ Penicillin
_____ Bleeding/Clotting Disorders	_____ Other: _____	_____ Other Drugs
_____ Hypertension		_____ Asthma
_____ Mononucleosis		_____ Other (<i>Specify</i>)

Operations or serious injuries (*dates*) _____

Chronic or recurring illness or medical conditions _____

Dietary restrictions/food allergies _____

Current medications (send with instructions) _____

Name of dentist/orthodontist _____ Phone _____

Name of family physician _____ Phone _____

Do you carry family medical/hospital insurance? No Yes Carrier _____

Policy/Group #s _____ / _____ Carriers contact number/hotline _____

For female: Has this person menstruated? _____ If not, has she been told about it? _____

If so, is her menstrual history normal? _____ Special consideration _____

Does applicant have epilepsy? Yes No

Does applicant have diabetes? Yes No

Does the applicant have any behavioral disorders? Yes No

If yes to any of the above please describe treatment recommendations.

HEALTH CARE RECOMMENDATIONS BY LICENSED PHYSICIAN

Child's name _____
First/MI/Last

I have examined the above camp applicant within the past 12 months. Date examined _____

In my opinion, the condition of the child named above is acceptable for his/her participation in an active camp program. *Physician's initials* _____

Height _____ Weight _____ Blood Pressure _____

Immunization History

Please record the date (month/year) of basic immunizations and most recent booster doses.

Vaccines	Month/Year of Basic Immunization	Month/Year of Last Booster
Diphtheria Pertussis (Whooping Cough) } DPT Tetanus or		
Tetanus Diphtheria } TD or		
Tetanus		
Oral Polio (Sabin) TOPV		
Injectable Polio (Salk)		
Measles (hard measles, red measles, Rubella)		
Mumps		
Rubella (German measles, 3-day measles)		
Other		
Tuberculin test given (most recent)		
Haemophilus influenza b (HIB)		
Hepatitis B		

The Administration of Camp Shaver and the Medical Advisors for Camp Shaver strongly discourage giving "breaks" or "vacations" from medications while at Camp Shaver, especially Behavioral Modification medications. Campers are often put into new and challenging situations and that can often introduce a new "stress" on a child, making behavior management more difficult.

Please list any recommended restrictions/concerns the camp administrator should know. _____

Licensed Physician's Signature _____

Address _____ Phone _____
Street & Number/City/State/Zip *Area/Number*

Date of form completion _____ By* _____

**Initial if completed by nurse practitioner/physician's assistant.*

Form B

Parent Confidential information

Parents: We can work more effectively with your child at camp this summer if we know as much about him/her as possible. Please help us by filling in the blanks on this form and returning it to us. All information will be strictly confidential and used intelligently in the best interest of your child. This will be shared with your child's cabin counselors to help them provide the best experience possible.

Child's **full** name _____ Age _____

Does your child prefer a nickname? _____ Home phone _____

Birthdate _____ School grade in the fall _____ Camp session(s) _____

Address _____
Street City State Zip

Parent or Guardian(s) _____ Phone number _____

Who will be at home during your child's stay at camp? _____

Please provide your email Address _____

If you cannot be reached, who can act in your place to pick up camper if sick or authorize Medical treatment? Name _____ Phone number _____

Who is allowed to pick up your child from camp? Staff will check ID. (List all) _____

How does your child feel about going to camp? _____

Does your child swim? _____ At what level? _____

What does your child do in his/her spare time? _____

Does he/she usually play with others the same age? _____

Does he/she get along well with others? _____

Does your child ever wet the bed? _____ What methods have been effective in preventing this from happening? _____

What types of concerns, if any, should the counselors be aware of with your child while at camp? (i.e. sleepwalking, Night terrors, anger management etc.) _____

How would you describe your child's health? Robust _____ Normal _____ Below Average _____ Sickly _____

Form B

What areas of your child's life would you hope to see developed by the camp experience? _____

What do you consider his/her strengths and weaknesses? _____

What responsibilities does camper have around home and in the community? _____

Has camper been away from home without their parents? _____ How Long? _____
Where _____

Has camper experienced homesickness before? _____

How would you rate camper's school work: ___ Excellent ___ Average ___ Fair ___ Poor

What serious fears does camper have? (Name them) _____

My Child

Makes friends: *Easily *Fairly easily *With difficulty

Expresses Feelings: *Easily *Fairly easily *With difficulty

Personality Traits: Please circle the following characteristics you feel best describe your child...

Tense, Shy, Helpful, Happy, Selfish, Aggressive, Follower, Leader, Easy going, Moody, Cooperative,
Nervous, Withdrawn, Quick learner, Passive, Outgoing

Do you have any additional comments/suggestions that you feel will help your child and the counselors while at camp? _____

IMPORTANT – THIS BOX MUST BE COMPLETED FOR ATTENDANCE

I hereby request that my child attend YMCA Camp Shaver. I understand and am aware that my child will be participating in many Physical activities and that the potential for accident does exist. In consideration of acceptance to Camp Shaver:

- I indemnify and hold harmless YMCA Camp Shaver, The YMCA of Central NM and/or its staff and representatives from any and all liability, claims, injury or illness sustained by my child on or off the camp property and while in any camp vehicle.
- I agree that Camp Shaver may photograph or videotape my child for promotional use.
- I grant permission to transport my child in case of an emergency.
- I/We parent(s)/guardian(s) have read and agree to follow the responsibilities described above and in the Parent Packet.

Signature of Parent/Gaurdian

Date _____

PERMISSION TO ADMINISTER MEDICATIONS

(To be filled out for all campers)

Child's Name _____

Medication _____ Dose _____ Frequency _____

Please note any allergies your child may have to over-the-counter medications, or special instructions that should be communicated to the Health Care Manager and Camp Shaver Staff in regards to the distribution of medications to your child:

Epipens and Inhalers are the only medications Campers may keep with them; ALL other medications (including vitamins and supplements) must be stored at the health center and be dispensed with the health care staff's knowledge and consent.

I hereby give permission to the Camp Shaver Registered Nurse (RN) Health Care Manager, or a designated staff member (assigned by the Camp Director or Health Care Manager), to administer the above prescription medications to my child. I also authorize the Camp Shaver RN Health Care Manager, or a designated staff member, to administer over the counter medications for the treatment of colds, flues, allergies, first aid needs, upset stomachs, pain, irritation and/or itching. I recognize that in the administration of the above medications, there is an inherent possibility that adverse reactions may occur. If an adverse reaction occurs, I authorize the YMCA to take the necessary steps to ensure my child's safety. I will not hold YMCA Camp Shaver or the YMCA of Central New Mexico liable for any unanticipated adverse reactions to the above-prescribed medications or over the counter medications. **I understand that all medications, prescriptions, vitamins, herbal or homeopathic remedies, OR OVER-THE-COUNTER, must be in the original containers.**

Signature of Parent/Guardian _____ Date _____

Printed Name _____