



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

December 1, 2020

Dear YMCA Member,

I am excited to welcome you back to the Y tomorrow, December 2nd. Before I do that, I want to thank you for **staying with us** during this long and challenging COVID-19 crisis. Because of your support, your YMCA was able to provide food baskets to those in need during the Thanksgiving holidays as well as to continue to provide emergency childcare services to those working essential jobs. As our central New Mexico communities continue to battle the pandemic, the YMCA continues to step up to the plate. Thanks for making it possible and thanks for belonging to our YMCA; another reminder that we are more than just a gym!

Based on the recent news from Governor Michele Lujan-Grisham, gyms are now allowed to reopen effective Wednesday, December 2nd. Based on information we have received, we will be able to re-open with a maximum capacity of 25% of normal occupancy. As a result, we should be able to resume operation under similar circumstances as prior to the latest shut down.

In an effort to deliver a safe environment for our members and staff:

Virtual Workouts- we will continue to offer the **live stream** classes for those that cannot attend an in person class. Additionally, you can always use the **Virtual Y** exercise class videos on our website at ymcacnm.org.

Face Masks- a non-porous face covering/mask must be worn at all times. Face shields worn without a non-porous face covering/mask are no longer permitted. Facemasks must cover your mouth and nose at all times.

Hours of Operation- starting Wednesday December 2nd, both YMCAs will be open during the following schedule:

- Monday thru Friday: 5:30am - 7:30pm
- Saturday: 9:30am - 3:00pm
- Sunday: 1:30pm - 5:00pm

Reservations- we will continue to use the reservation system in order to control capacity limitations and assure you can workout at the time you plan to do so. Reservations can be made 1 day in advance. You will be able to work out for 1 hour and 30 minutes at a time. After each "workout block", the YMCA staff will take 30

minutes to clean and sanitize equipment and facilities in order to be ready for the next group. Reservations also need to be made to attend group exercise and youth conditioning classes. Click the link to reserve your workout:

<https://ymcacnm.org/reservations/>

Seniors ONLY*- we will continue to offer each weekday a seniors ONLY time block. These times will be as follows:

- **Horn YMCA:** 9:30am – 11:00am Monday - Friday
- **McLeod YMCA:** 1:30pm – 3:00pm Monday – Friday

*Although the YMCA will make time for “Seniors Only”, we recommend anyone considered to be “vulnerable” or that may have a high-risk condition, first consult with a health professional before attending YMCA activities.

The safety of our members and our staff is our main priority. For additional guidelines related to the reopening of our YMCA’s please visit www.ymcacnm.org/reopening-guide.

Thank you once again for **staying with us!** Be safe and stay healthy. Hope to see you at the Y soon.

Roberto E. Aguirre
President/CEO
YMCA of Central New Mexico