



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

May 29, 2020

Dear YMCA Member,

It is time to get back to the Y! Before we do that, I want to take one more opportunity to thank you for **staying with us** during this COVID-19 crisis. Due to your support, your YMCA has been able to provide emergency childcare services to those working essential jobs. When our community needed help, the YMCA stepped up to the plate. Thanks for making it possible and thanks for belonging to our YMCA; we are more than a gym.

Based on yesterday's news from Governor Michele Lujan-Grisham, gyms are now allowed to reopen effective Monday, June 1. However, we must reopen in a safe manner, not because of a mandate, but because we care about our members and staff. In doing so, we have implemented a number of procedures that we know will provide a safer experience for all involved.

In an effort to deliver a safe environment for our members and staff, we have developed a three-phase reopening plan. However, please remember that this plan must remain flexible. The situation we have been experiencing is a very fluid situation and we will continue to adapt accordingly.

During Phase I of the plan we will be reopening our wellness centers at both of our YMCA's. Due to recommendations and best practices, all other areas of our facilities will remain closed including locker rooms, lobby areas and the basketball gym to name a few. Based on future government mandates and as we monitor the situation internally as well as externally, we will study the option to open other parts of the facilities. In case you are wondering, the pool at our McLeod YMCA is scheduled to open June 13.

Programmatically, during Phase I, while practicing proper social distancing and within room occupancy limitations, we plan to offer personal training programs. As per the latest orders from the Governor, group exercise classes are not yet permitted. All other programs, with the exception of Summer Day Camp and Preschool programs, are planned for Phase II or Phase III. Please make note that Child Watch is scheduled to start during Phase III of our plan and children cannot wait in lobby areas while you workout.

Some of the things you can expect upon reopening:

Hours of Operation- Starting Monday June 1st, both YMCAs will be open during the following schedule:

- Monday – Friday: 5:30am to 9:00pm
- Saturday: 7:30am – 5:00pm
- Sunday: 1:30pm – 5:00pm

Reservations- In order to control capacity limitations and assure you can workout at the time you plan to do so, we are implementing a reservation system. In order to learn more about this easy-to-use reservation system please visit our webpage at www.ymcacnm.org/reservations. However, if you prefer, you can also call our member services desk at 505-595-1515 (option 1 for Horn and option 2 for McLeod) and a staff member will be happy to assist you.

Reservations can be made 1 day in advance. You will be able to workout for 1 hour and 15 minutes at a time. After each “workout block”, the YMCA staff will take 45 minutes to clean and sanitize equipment and facilities in order to be ready for the next group.

Seniors ONLY*- Each weekday, the YMCA will offer a Seniors ONLY time block. These times will be as follows:

- **Horn YMCA:** 9:30am – 10:45am Monday - Friday
- **McLeod YMCA:** 1:30pm – 2:45pm Monday – Friday

*Although the YMCA will make time for “Seniors Only”, we recommend anyone considered to be “vulnerable” or that may have a high-risk condition, first consult with a health professional before attending YMCA activities.

Members Only- During Phase I and II of the reopening plan, facility usage will be restricted to members only.

Age Limits- For the protection of all involved, during Phase I of the plan the minimum age to use the facility will be 13 years old. Anyone 13 to 17 years old must be accompanied by a parent/guardian.

Social Distancing- As you may expect, social distancing will be an expectation for everyone utilizing our facilities. Equipment has been re-organized to help you provide sufficient social distance, but we will need everyone’s support to help us meet this requirement.

Face Masks- We are asking individuals entering our facilities wear a face mask during check-in and before/after working out. During the actual workout, it will be the individual’s (or the guardian if 17 years old or younger) decision to wear a face mask.

Spray Bottles and Paper Towels- We will need your help! Although the YMCA staff will be cleaning equipment after every reservation block, we will ask each member to do their part. Please pick up a spray bottle as you enter the facility, and

keep the same bottle during your workout. Also, all cloth cleaning towels have been removed. Instead, for your convenience you will find multiple paper towel dispensers throughout the wellness areas.

Workout Ready- All locker rooms and changing facilities will remain closed during Phase I and II of the current plan. Please arrive to the YMCA ready for your workout.

Facility Access Protocol- Upon arrival to the YMCA you can expect the following procedures:

- **Card Scan-** You will be asked to scan your YMCA membership card. If for any reason you forgot or misplaced your card, please let our Member Services staff know. It is extremely important we have an accurate record of those in the facility, and the times they were present at the facility.
- **Temperature Check-** All members entering the facility will be checked for temperature. For everyone's protection, anyone with a temperature of 100.4 or above will be asked to leave the premises. In addition those members will be required to self-quarantine for 14 days and bring a non-positive COVID-19 test before they are allowed access to our facilities.

The safety of our members and our staff is our main priority. For additional guidelines related to the reopening of our YMCA's please visit www.ymcacnm.org/reopening-guide.

We are ready to serve you and we are so grateful you have chosen to **stay with us**. We recognize that the last few months have been perhaps the most unusual times many of us have ever experienced. The YMCA has been here serving those in need during the peak of the crisis, and we plan to continue helping our community as we begin to get back to normal...whatever the next normal may be.

Thank you once again for **staying with us!** Be safe and stay healthy. Hope to see you at the Y soon.

Roberto E. Aguirre
President/CEO
YMCA of Central New Mexico