



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Office Use Only	
Front Desk Staff	
Date Received by Instructor	
Instructor Assigned to Member	
Date of First Lesson	

## McLeod Family YMCA

### Private Swim Lesson Request Form

Date Submitted \_\_\_/\_\_\_/\_\_\_

Participant Name \_\_\_\_\_ DOB \_\_\_/\_\_\_/\_\_\_ Age \_\_\_ Gender \_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_ Email \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Cell Phone \_\_\_\_\_  
(Other than parent/guardian)

Swim Instructor Request \_\_\_\_\_ Male / Female / No Preference

What specific skills are you interested in learning?

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Current Swimming Ability (circle all that apply):

**None   Afraid of Water   Comfortable in Water   Can Swim Without Assistance   Stroke Refinement**

What days of the week work best for you?   **Mon   Tu   Wed   Thur   Fri   Sat   Sun**

What time of day do you prefer? \_\_\_\_\_

<b>Y Member Rates:</b>
__ 1 lesson for \$25
__ 3 lessons for \$72
__ 5 lessons for \$115
__ 7 lessons for \$154
__ 10 lessons for \$210

<b>Non-member Rates:</b>
__ 1 lesson for \$35
__ 3 lessons for \$102
__ 5 lessons for \$165
__ 7 lessons for \$224
__ 10 lessons for \$310

***Each private lesson is 30 minutes in length. Rates include discounts for multiple lessons.***

***(Please complete back side of form)***



## **Assumption of Risk, Indemnification, Waiver of Liability, and Acknowledgement**

**Assumption of Risk:** I, the undersigned, request voluntary participation of all swimming programs, classes, and activities offered at the YMCA of Central New Mexico. The swimming programs, classes, and activities offered via the YMCA of Central New Mexico are low impact with little to no contact involved. It is possible that participants may suffer from injuries as common as cramps and muscle strains. More severe, but less common injuries participants may suffer are cuts, concussion, heart attacks, drowning, strokes, paralysis, and death. These injuries, may be caused by, but are not limited to: slips and falls, dehydration, heart related illnesses, blows to the head, and stress placed on the cardiovascular system. I, the undersigned, know the inherent risks offered by the YMCA of Central New Mexico, understand those risks, appreciated those risks, and agree to assume responsibility for those risks.

**Indemnification Agreement:** I, the undersigned, shall defend, indemnify, and hold harmless the YMCA of Central New Mexico, representatives, management, employees, volunteers, agents, and sponsors from any and all claims, demands, losses, damages, and liabilities for indemnities for contribution or otherwise, with respect to any damage and/or injury, of any type, arising from my participation in the swimming programs.

**Waiver of Liability:** In consideration of being permitted to participate, I, the applicant, on behalf of myself, my spouse, my heirs, executors, administrators and assigns, hereby forever release, discharge and hold harmless to the YMCA of Central New Mexico, representatives, management, employees, volunteers, agents, and sponsors, for any injury, loss or damage to my person(s) or property howsoever caused, arising out of or in connection with my partaking in swimming programs, classes, and activities. And notwithstanding that the same may have been contributed to or occasioned by the negligence of the YMCA of Central New Mexico, representatives, management, employees, volunteers, agents, and sponsors. ***Please note: Participants must supply their own swim equipment.***

**Acknowledgement:** The undersigned acknowledges that He or She is desirous of using, as a membership/participant basis, the YMCA of Central New Mexico and the waiver was read and agrees to abide by it.

Participant Name (Please Print): \_\_\_\_\_

Parent/Guardian Name (If Participant is a Minor): \_\_\_\_\_

Signature (Parent/Guardian if Participant is a Minor): \_\_\_\_\_

Date: \_\_\_/\_\_\_/\_\_\_