



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Meet our Registered Dietitian/Nutritionists!



Jennifer Bryant, MS, RD, LD, CDE has been a Registered Dietitian for over 10 years. Jennifer has expertise in weight management and diabetes education, and is well versed in many other areas of nutrition. She is a Certified Diabetes Educator and has her Master's Degree in Nutrition from the University of New Mexico. Jennifer spent over 9 years working at an Endocrinology Clinic teaching education classes and providing individual counseling for diabetes and weight loss.

Lynn Umbreit, MS, RD/N, LD, CDE is a registered dietitian/nutritionist specializing in weight management, diabetes education, behavior and lifestyle change. She has a Masters of Science degree in Sports Medicine, and an undergraduate degree in Dietetics from Colorado State University. She has worked for SW Endocrinology Diabetes & Weight Management Center, Clinical Nutrition Center in Denver, Colorado, the Diet Modification Clinic and The Methodist Hospital in Houston, Texas and St. Joseph's Medical Center in Phoenix, Arizona.

