



“My husband was laid off and has to take ANY part-time job to help cover our bills. I work, but we’re struggling to make ends meet and child care is a big expense for our family. We were so relieved to learn that the Y has financial assistance. I really don’t know what my family would do without the Y. Not only are the teachers the best, but I really feel like they care about my little girls and our situation. They LISTEN!”

Olivia B.

**STEP UP
FOR KIDS**
A YMCA Initiative

The Y is the unparalleled cause for strengthening community because we are the community. We are a powerful association of men, women and children joined together by a shared commitment to nurturing the potential of kids, promoting healthy living and fostering a sense of social responsibility.

We believe that lasting personal and social change can only come about when we all work together to invest in our kids, our health and our neighbors. That’s why, at the Y, strengthening community is our cause. Every day, we work side by side with our neighbors in our community to make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Financial assistance keeps the Y available for kids and families who need us most. We count on the generosity of our members and community to help people of all ages and from all walks of life be more healthy, confident, connected and secure. When you give to the Y, your gift will have a meaningful, enduring impact right in your own neighborhood.

Make a gift today!
YMCA OF CENTRAL NEW MEXICO
Visit ymcacnm.org

**STEP UP
FOR KIDS**
A YMCA Initiative



YMCA OF CENTRAL NEW MEXICO
303 Roma NW, Ste RB00A
Albuquerque, NM 87102
505 881 4787

**TURN
YOUR
GIFT
INTO...**





THEIR POTENTIAL

Because we believe that all kids deserve the opportunity to discover who they are and what they can achieve, the Y is for Youth Development. Through the Y, millions of youth today are cultivating the values, skills and relationships that lead to positive behaviors, better health and educational achievement.

Y activities give our children the opportunity to become confident kids today and healthier, happier grown-ups tomorrow.

THEIR HEALTH

Improving the nation's health and well-being is a priority for the Y. At the Y, we help children and adults understand and value their health, and we nurture their well-being. We offer resources and guidance to maintain or improve physical activity, health and wellness. The Y brings families closer together, encourages good health and fosters connections through fitness, sports, fun and shared interests. As a result, youth, adults and families are receiving the support, guidance and resources needed to achieve greater health and well-being for their spirit, mind and body.



THEIR FUTURE

At the Y, strengthening community is our cause. The Y has been listening and responding to our communities' most critical needs for 160 years. Whether developing skills or emotional well-being, welcoming and connecting diverse populations or advocating for healthier communities, the Y fosters the care and respect all people need and deserve.

Across America, our staff and volunteers are kids, parents, grandparents, neighbors and local leaders who are all personally committed to understanding what our neighborhoods need. Together we can build stronger, more inclusive communities, provide support for families and promote positive change overall.



SUPPORT THE Y STRENGTHEN YOUR COMMUNITY

The Y uses your gift to make a meaningful, enduring impact right in your own neighborhood.

- \$500** a single dad joins the Y and visits weekly with his children
- \$300** a single parent family can have a weekend together at Camp Shaver
- \$250** 5 kids can develop skills they need to do better in school
- \$100** a child can gain new skills and confidence at 1 week of day camp
- \$50** a grandmother raising her daughter's child can receive 1 week of subsidized after school care