



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FAMILY PROGRAMS IN FEBRUARY

FAMILY TIME

Family time at the Y is about giving families as a unit, and as individuals, the opportunities to deepen relationships, develop new skills and interests, improve their health and well-being, and connect to the community.

YOU'RE INVITED:

- **Parent Child Sweetheart Dance** - Moms, dads, grandparents, sons and daughters are all invited to join us for some great family fun during our Parent Child Sweetheart Dance.

Enjoy quality family time with your children in a fun and safe environment while you show us your moves on the dance floor! Held at the McLeod YMCA on Friday, February 10 from 6 pm - 8 pm.

- **Member Appreciation: Friends & Comfort Food** - At the Horn & McLeod YMCA's. Come enjoy an afternoon with fellow members and staff as we dabble in some comfort food dishes provided by fellow members and staff. Held February 15 from 11 am - 1 pm.

